

EPCC NEWS

Evansville Psychiatric Children's Center
Volume 20, Issue 3
July 2020

The Joint Commission Accredited
Medicaid Certified
"Helping Kids SOAR"



Recent Donations

We are excited to announce that EPCC recently received two cash donations to the Patient Recreation Fund from very generous local organizations.

In April, the Bible Center Cathedral of Evansville donated \$1000 to help cover the costs of our Character Building Therapeutic Horseback Riding program.



In May, the West Side Nut Club donated a total \$3000 from its Fall Festival Half Pot. These funds will be used toward refreshing the Nature Trail in the back of the property.

The children and staff would like to sincerely thank these organizations for their awesome contributions.

As a reminder, EPCC is unable to accept donations of material items at this time due to COVID-19.



Curb Appeal



EPCC staff has been doing some spring planting to help beautify the grounds. A lot of weeding, mulching, digging, and planting of beautiful flowers have added lots of bright colors to the landscape.

Black-eyed Susans, several types of petunias, marigolds, daylilies, and other species of flowers adorn the sidewalks and flower boxes among the property. Removal of old shrubs has been done to make way for lots more beautiful flowers and greenery to be planted in the future. In the meantime, Birds, bees, and all other visitors to EPCC have been enjoying the new scenery.

A special thank you goes out to the EPCC staff who worked very hard in the very warm weather to make our grounds beautiful!



FITNESS GOALS

Our Recreation Therapy Department is helping children set and achieve fitness goals for 2020. Each month, the kids are given a new fitness challenge with a reward at the end if they meet or exceed their goal.

We continued in the month of May by challenging the kids to complete 60,000 jumping jacks collectively as a group. The children actually blew this challenge out of the water with a grand total of 62,557 jumping jacks! While they struggled for the first half of the month, they worked extra hard toward the end of the month to complete the challenge. Two children who were newly admitted in May were able to achieve the individual minimum of 1,000 jumping jacks!

The kids were rewarded to a well-deserved treat of pizza and ice cream afterward for all their hard work. The kids who achieved the top 3 numbers received individual prizes, and each child won an individual award recognizing their achievement. Our hard working kids really know how to rise to the challenge!



Summertime is here! It's a time to throw on your sunglasses, jump in the pool, play outside, work in the garden, and enjoy a cool glass of lemonade or iced tea or an icy popsicle.

The kids at EPCC are fortunate enough to enjoy these activities while they are here during the summer. The learning adventure also continues during the months of June and July at EPCC with our Summer Enrichment Program.

Our EVSC school teachers, Mrs. Crowe and Ms. Gilchrist were kind enough to teach our kids during summer break. The Summer Enrichment curriculum this year included Zoo Animals (with a trip to Mesker Park Zoo), Dinosaurs, Beach/Ocean, Tornadoes, the Desert, Ice Cream, Fairy Tales, Patriotism, and the Community.

The children and staff of EPCC would like to thank Mrs. Crowe and Ms. Gilchrist for their willingness and seemingly endless energy to teach during the Summer Break.



EPCC is continuing to follow all CDC guidelines for staff, children, and visitors. We have made updates to our procedures due to the gradual re-opening of the State. Masks are being required to be worn by both staff and visitors during admissions and Treatment Team meetings (masks belonging to EPCC must be used), some committee meetings involving non-EPCC staff are still being held virtually, outside appointments with providers are being limited to those which are absolutely necessary (serious medical or dental issues), and family visits are still being limited to on-grounds visits, one family at a time, with only one or two family members. Thanks to all for supporting our efforts to keep our kids, their families, and our staff safe and healthy.

You Can Help!!!

The following items are always needed for the children and their activities: gift cards to Tools For Teaching, Michael's/Hobby Lobby/JoAnn Fabrics, Walmart, McDonald's, Domino's Pizza, Five Below, Showplace Cinemas, AMC 16 Theaters, Walther's Golf n Fun, ARC Lanes/Diamond Lanes/Franklin Lanes.

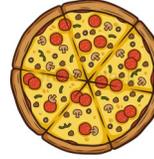
End Of School Picnic

EPCC held its traditional End Of School Picnic this year on the last day of school, May 22nd. This year's End Of School Picnic was made possible by a very special Friend of EPCC who generously donated a gift card from Grub Hub. Our Friend checked in with us, as she does throughout the year, to make sure we had everything we needed, and to offer some support and encouragement through the pandemic.

A terrific lunch of delicious Kipplee's pizza, crisp garden salad, and a colorful fruit salad for dessert was enjoyed by EPCC's kids and staff. This may have been the best End Of School picnic ever!

We love to celebrate our children's successes, both academically and therapeutically in order to carry out EPCC's mission of Resolve Needs, Build Strengths.

Thank you to Ms. Neeley Koester for making this possible! We appreciate you!



Washing Machine Needed

We are in need of a washing machine to use for doing our children's laundry!

Our trusty machines, which we've had for years, have finally decided to retire. They've worked hard washing clothing and bedding for over a dozen kids at a time. Now, their doors are falling off and they can no longer "swish and spin".

If anyone has a used washing machine that is still in good working order that could be donated to EPCC, or if any individual or group from the community wishes to donate a new machine, please contact the Community Services Director to make arrangements for donation at

812-477-6436 x 232 or email brandy.fox@fssa.in.gov.

Pictured:

EPCC Staff Ms. Lana Flowers and Mrs. Janice Dillon preparing our End Of School Picnic Lunch



DID YOU KNOW?

- ★ EPCC Served 40 children during the 2018-2019 fiscal year.
- ★ EPCC has served over 1400 of Indiana's Seriously Emotionally Disturbed Children since opening in 1966.
- ★ EPCC collaborates with the Evansville-Vanderburgh School Corporation to provide educational services to all our children. EPCC also participates in the National School Breakfast and Lunch Program.

COVID-19 Support

Would you like a tour of EPCC?

Call the Community Services Director at 812-477-6436 x 232 to schedule.

The COVID-19 pandemic has brought about uncertain times. Reduction or loss of employment, isolation from family, friends, and community, changes within schools, living with fear and uncertainty, and trying to stay healthy mentally and physically have certainly been challenging to cope with.

Mental Health America has a crisis line available at 800-273-TALK. In addition, MHA's text line is 741741. Please utilize this resource if you or anyone you know need support.



We're Ready for Your Referrals

Refer through the assigned liaison from your MHC.
Referral packet information needed includes:

- Psychology Evaluation with IQ
- State Hospital Referral Form
- CANS
- Psychiatric Evaluation from your MD

Contact Sharon Austin at 812-477-6436, x226

MISSION
Resolve Needs – Build Strengths

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Need to contact us?
Call 812-477-6436 (exts. listed below) or email

- Carlene Oliver, Superintendent (231) carlene.oliver@fssa.in.gov
- Shannon Jones, M.D, Medical Director (245) shannon.jones@fssa.in.gov
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Published periodically for employees and friends of EPCC.

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